

Dear CNA Student,

Please carefully read the following information regarding the CAN program. Bring this package with you on the first day of class.

### **Class days/Times**

Fall Semester: Monday-Friday 8:00AM-10:00AM

Spring Semester: Monday-Wednesday OR Tuesday/Thursday 8:00AM-12:45PM

Summer Semester: Monday-Friday 8:00-1:30PM

### **Location**

We begin the course covering the theory portion. Class will be held at:

North Monterey County High School  
13990 Castroville Blvd. Castroville  
Room #85

### **Attendance**

California State requires students complete a minimum of 50 hours of theory and 100 hours of clinical in order to be eligible to take the CAN State Exam. This allows for very little if any absences have this done before class starts.

### **Fingerprints**

CNA students must be fingerprinted prior to any patient contact. If you have prior criminal convictions, you may not register for the class until you have a letter of clearance from the Department of Health Services. You may contact them at (916)327-2445.

Students will receive the fingerprint form and information on where to have them done in class.

## **Textbooks**

There are two required texts for the class:

NATAP Manual – you will receive the manual in class. Please bring a money order for \$60 made out to NMCHS the first day of class. Every student must purchase their own.

Nursing Assistant by Hegner and Caldwell (9<sup>th</sup> or 10<sup>th</sup> Edition)

I have several textbooks students may borrow, you can also purchase it at Hartnell Bookstore or online.

The following is a list of additional estimated course expenses:

White Uniform	\$15.00-50.00
White shoes	\$15.00-50.00
Nametag	\$5.00
Watch with second hand	\$10.00
Gait Belt	\$15.00
Back Brace	\$25.00
State Exam	\$90.00

If you are attending the Spring or Summer CNA, please check your e-mail several weeks before class starts regarding assignments and homework which you can get a head start on.

Any questions please feel free to call me. I look forward to working with you as you begin your health career.

Rita Whiteford RN  
CNA Instructor  
(831)206-8951

Mission Trails ROP/North Monterey County High School ROP  
Hartnell College

CERTIFIED NURSING ASSISTANT (CNA) HOME HEALTH AIDE

The policy on uniforms is designed to establish a professional standard of behavior. It sets a tone by which you as a Hartnell/Mission Trails student are known. Students who do not adhere to the uniform dress code may be asked to leave the clinical area.

1. Clean and unwrinkled, laundered after each wearing. Name pins to be worn with uniform.
  2. Uniform shall be completely white. Slacks and top are strongly suggested but dresses are permitted.
  3. Material shall be cotton or synthetic. No see-through material shall be permitted.
  4. White hose cotton socks.
  5. White shoes only. They must be made of leather or leather-like materials. A small amount of color may be allowed on tongue area if this is normally covered by the length of the pant leg. No canvas shoes will be allowed. Shoes must cover the toes and heels. No sling back or clogs.
  6. Hair must be pulled back or braided, off the collar.
1. One pair of small stud ball type of earrings only. Either pearl, gold, or silver balls will be permitted. No rings or loops. No rings other than plain wedding bands. One short necklace only. No bracelets Scrunchies only in hair.
  2. Student must have a watch with a sweep second hand. Band should be able to be pushed up to mid arm for hand washing.
  3. A white sweater may be worn over the uniform as long as it covers the hips. A white lab jacket or coat is recommended.
  4. Nail must be trimmed. Only clear or pale pink polish will be allowed.
  5. Back support belt must be purchased and worn while on duty
  6. Gait belts must be purchased and brought to each clinical session.



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Hartnell College



CERTIFIED NURSING ASSISTANT (CNA)  
HEALTH RECORD PHYSICAL/TB RECORD

Student:

- Are you under the care of a physician?  
\_\_\_\_\_
- Are you taking any medication? If yes, please list:  
\_\_\_\_\_  
\_\_\_\_\_
- Have you had any surgeries within the past 6 months? If yes, please explain:  
\_\_\_\_\_  
\_\_\_\_\_
- Are you current pregnant? \_\_\_\_\_ If yes, you must be cleared by your OB physician.  
\_\_\_\_\_
- Are you able to lift 50 pounds or greater?  
\_\_\_\_\_
- Have you had or ever had any of the following:
 

Drug allergies	Seizures	Back Problems
Blood Pressure	Asthma	Mental Illness
Arthritis	Diabetes	Vision Problems
Dizziness	Fainting	Hearing Problems
Heart Problems	Substance Abuse	

Physician:

StudentName \_\_\_\_\_ DOB: \_\_\_\_\_ Date \_\_\_\_\_

Blood Pressure \_\_\_\_\_ Hight \_\_\_\_\_ Weight \_\_\_\_\_

Eyes, Ears, Nose, Throat  
\_\_\_\_\_

Abdomen \_\_\_\_\_

Lungs \_\_\_\_\_

Heart \_\_\_\_\_

Back \_\_\_\_\_

TB Test Administered 0.1 ml SQ

Site \_\_\_\_\_ Date Given: \_\_\_\_\_  
Signature \_\_\_\_\_ Lot# \_\_\_\_\_

Results \_\_\_\_\_ Date Read: \_\_\_\_\_ Signature \_\_\_\_\_

Referred for Chest X-ray \_\_\_\_\_

This student does not have any health condition(s) that would create any hazard to himself/patients/other.  
I have found no condition that would prevent this student from performing nursing duties.

Signature \_\_\_\_\_ Date \_\_\_\_\_