



**Friday, April 9**

**Event Schedule**

**4:00PM Women's 10,000 Meter Run**

**5:00PM Men's 10,000 Meter Run**

**Saturday, April 10**

**Meet Schedule**

**Field Events**

**10:00AM Men's Javelin followed by Women's Javelin**

**10:00AM Women's Pole Vault followed by Men's Pole Vault**

**10:00AM Men's Hammer Throw followed by Women's Hammer Throw**

**11:00AM Women's Long Jump followed by Men's Long Jump**

**12:00PM Men's Shot Put followed by Women's Shot Put**

**12:00PM Women's High Jump followed Men's High Jump**

**2:00PM Men's Discus followed by Women's Discus**

**3:00PM Women's Triple Jump followed by Men's Triple Jump**

**Running Events**

**Note: Rolling schedule after first event**

**12:00PM Women's 3000 meter steeplechase**

**Men's 3000 Meter steeplechase**

**Women's 4x100 Meter Relay**

**Men's 4x100 Meter Relay**

**Women's 1500 Meter Run**

**Men's 1500 Meter Run**

**Women's 100 Meter Hurdles**

**Men's 110 Meter High Hurdles**

**Women's 400 Meters**

**Men's 400 Meters**

**Women's 100 Meters**

**Men's 100 Meters**

**\*\*\*\*\*20 minute Officials Lunch Break\*\*\*\*\***

**Fastest Kid in Salinas Finals**

**Women's 800 Meters**

**Men's 800 Meters**

**Women's 400 Meter Hurdles**

**Men's 400 meter Hurdles**

**Women's 200 Meters**

**Men's 200 Meters**

**Women's 5000 Meters**

**Men's 5000 Meters**

**Women's 4x400 Meter Relay**

**Men's 4x400 Meter Relay**