What is a Health Care FSA?
A Health Care FSA is a Flexible Spending Account that lets you pay for eligible expenses with pre-tax dollars. You contribute to a health care FSA with pre-tax money from your paycheck. This means you don’t pay federal income or Social Security taxes on this money. This, in turn, lowers your taxable income. Consider an FSA...it’s a smart way to pay!

A Health Care FSA helps you pay for eligible out-of-pocket health care expenses. Out-of-pocket expenses are those that your insurance does not cover. Generally, eligible health care expenses include, but are not limited to:

- Copays, coinsurance and deductibles
- Dental care (excluding cosmetic treatment)
- Diabetic supplies
- Eyeglasses and contact lenses (including contact lens supplies)
- Hearing aids
- Laser eye surgery
- Over-the-counter (OTC) items, such as bandages and denture adhesives*
- Orthodontia
- Physical therapy and chiropractic care
- Prescriptions

*Though many OTC items are eligible, you will need a written prescription to be reimbursed for OTC medicines and drugs.

Note: A health care FSA has a use-it-or-lose-it rule. This means that if you have any funds left in your FSA at the end of the plan year you will lose them. Keep this in mind when you decide your contribution amount.

*Some employers may set lower limits for their plans. Check with your employer for how much you can contribute to an FSA.

Why should I enroll in an FSA?
An FSA can help reduce your taxes and increase your take-home pay. This gives you more money for the things you really want. You’ll pay less in taxes because you are not paying federal income and Social Security taxes on the money you contribute to an FSA. Having an FSA could save you up to 30% in what you pay for taxes. Enroll today to start saving!

<table>
<thead>
<tr>
<th>Annual Salary</th>
<th>Health Care FSA Annual Contribution</th>
<th>Savings</th>
</tr>
</thead>
<tbody>
<tr>
<td>$20,000</td>
<td>$1,500</td>
<td>$310</td>
</tr>
<tr>
<td>$40,000</td>
<td>$2,000</td>
<td>$413</td>
</tr>
<tr>
<td>$60,000</td>
<td>$2,500</td>
<td>$517</td>
</tr>
</tbody>
</table>

*based on 5.65% FICA and 15% federal tax

Note: (1) this is for illustrative purposes only; (2) everyone’s tax situation is different; and (3) member should consult a tax advisor

Getting started is as easy as 1, 2, 3!
1. Decide if you want to enroll in an FSA.
2. Figure out your contribution amount. Look at last year’s expenses. Use the planning tools on HealthHub.com.
3. Once you know how much you want to contribute for the year, you can figure out how much will be deducted each pay period. Divide your annual contribution by the number of pay periods you have (e.g., 12, 24 or 26).

Quick Tip: If you’re a new member, you must register online

Go to HealthHub.com > Employee Account Login > Register Now

My HealthHub Resources: Education & Planning Tools
We have a number of tools to help you with your FSA. You can find them all online at HealthHub.com.

- Savings calculator - estimate your health care expenses
- Digital library – helps you understand FSAs
- Educational materials & forms – helps you to use your FSA
Quick Tip: Enroll in direct deposit
Login to HealthHub.com > Financial Center > Enroll in Direct Deposit

Getting reimbursed is quick & simple!
- If your employer offers the PayFlex Card® you can use it to pay for eligible expenses. When you use the card, the funds come out of your FSA. The card we offer is a health care MasterCard®.
- If you pay for eligible expenses with cash, check or a personal card, you can submit a claim for reimbursement. You can do this online or fill out a paper claim form. You can fax or mail the form to PayFlex.

Note: Save all of your receipts. If you have an Explanation of Benefits (EOB) from your insurance plan, make sure you save those too. When you submit a claim for reimbursement you will need this documentation. There may also be times you’ll need to provide this documentation for a card transaction.

Reimbursement Methods
- Online: www.HealthHub.com
- Fax: 402.231.4310
- Mail: PayFlex Systems USA, Inc.
P.O. Box 3039
Omaha, NE 68103-3039

Quick Tip: Download a claim form
Go to HealthHub.com > Employee Account Login > My HealthHub Resources > Administrative Forms

Stay connected with HealthHub®
eNotify
If you enroll in eNotify, you’ll receive e-mails or web alerts for updates on your account. Log in to HealthHub.com. At the top of the page, click on My Settings. Click on Notifications / Email Address to set your alerts.

PayFlex Mobile™
If offered by your employer, the PayFlex Mobile™ application makes it easy to get to your account information when you’re on the go. You can check your balance, view claims and see a general list of eligible expenses. You can even submit a claim by taking a picture of your documentation! PayFlex Mobile is a FREE app available for iPhone®, Blackberry® and Android™ smartphones. To learn more, go to HealthHub.com. From My Dashboard, click on PayFlex Mobile™.

What you need to know about an FSA
- You can enroll in an FSA during the annual enrollment period. You can also enroll when you first become eligible.
- Once you enroll in the FSA, you may only change your election if you have a change in status. A change in status includes the following:
  - Legal marital status – marriage, divorce, legal separation, annulment or death of a spouse
  - Number of tax dependents – birth, adoption or death
  - Employment status that affects eligibility
  - Dependent becoming or is no longer eligible under the plan

Note: Your employer’s plan will state which events are allowed under the plan. If you have a status change and want to change your FSA election, make sure to contact your employer.
- You can use your Health Care FSA to pay for eligible expenses for you, your spouse and your tax dependents.
- The expenses must be incurred during the plan year. You “incure” an expense when you receive the care or buy the health care product. It is not when you pay for the service.
- FSAs have a use-it-or-lose-it rule. This means that if you have any funds left in your FSA at the end of the plan year you will lose them.
- Your employer may offer a “grace period” for the FSA. If so, you will have another 2 ½ months to use your FSA dollars.

For example: Let’s say your plan year is January 1 through December 31. With a grace period you have through March 15 of the next year to incur expenses and use the funds in the FSA.
- You must submit your claims by the end of the run out period. Your employer sets the run out period. It is generally 90 or 120 days after the end of your plan year. Please refer to your employer’s plan document for specific plan information.

Questions?
Contact Customer Service at 800.284.4885, Monday – Friday, 7am - 7pm, and Saturday 9am - 2pm CT.

MasterCard is a registered trademark of MasterCard International Incorporated. This card is issued by UMB Bank pursuant to license from MasterCard International Incorporated.
Apple, the Apple logo and iPhone are trademarks of Apple Inc., registered in the U.S. and other countries. Research in Motion, the RIM logo, BlackBerry and the BlackBerry logo are registered with the U.S. Patent and Trademark Office and may be pending or registered in other countries. These and other marks of Research in Motion Limited are used under license. Android is a trademark of Google Inc.
This material is for informational purposes only. The information describes Health Care Flexible Spending Account in general terms. Features of this plan may vary from employer to employer. Eligible expenses may vary from employer to employer. In case of a conflict between your plan documents and the information in this material, the plan documents will govern. Please refer to your employer’s Summary Plan Description for more information about your covered benefits. Health benefits and health insurance plans contain exclusions and limitations. Information is believed to be accurate as of production date; however, it is subject to change. For more information about PayFlex, refer to HealthHub.com.