The Physical Education, Kinesiology, Health and Athletics program provides formalized educational opportunities for the development and acquisition of motor skills, improved physical fitness and their application to sports and physical activities. This AS Degree covers a broad knowledge base that represents several disciplines that include traditional physical education, exercise science, athletic training, coaching, and health science. The Health Education Program provides the student with the knowledge and skills to develop a healthy lifestyle. The Adaptive Physical Education Program parallels the concepts and programs of the Physical Education and Kinesiology discipline includes a broad range of movement skills specifically designed for the special needs individual, with the objective of making a noticeable difference in their daily lives. These programs help prepare students to transfer as Physical Education and Kinesiology majors to four-year institutions.

Degree Options at Hartnell:

Associate of Science
Degree in Kinesiology/Physical Education, Health and Athletics

Overview

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Related Careers

- Activities Director
- Athletic Director/Trainer
- Sports Coach
- Fitness Instructor
- Dietitian
- Emergency Medical Technician
- Health Educator
- Occupational Therapist
- Physical Therapist
- Professional Sports Referee/Scout
- Sports Agent
- Strength and Conditioning Coach
- Rehabilitation Specialist
- Sporting Goods Sales
- Activities Director
- Athletic Director/Trainer
- Sports Coach
- Fitness Instructor
- Dietitian
- Emergency Medical Technician
- Health Educator
- Occupational Therapist
- Physical Therapist
- Professional Sports Referee/Scout
- Sports Agent
- Strength and Conditioning Coach
- Rehabilitation Specialist
- Sporting Goods Sales

Related Skills

- Athletically inclined
- Demonstration skills
- Discussion skills
- Healthy/physically fit
- Interest in teaching
- Knowledge of proper nutrition
- Motivational skills
- Motor skills
- Oral and visual communication skills
- Patience
- Planning and organization
- Teaching/coaching