

KINESIOLOGY (AAT.KIN)

ASSOCIATE IN ARTS FOR TRANSFER

Program Outcomes: Upon successful completion of this program a student will be able to:

- demonstrate competence in performing a variety of skill-related behaviors.
- describe health and physical activity concepts that will enable him or her to make informed decisions concerning health.
- recognize health issues, understand the similarities and contrasts among cultures.
- demonstrate sensitivity to cultural and physical diversity.
- explain the value and significance of physical activity for human development, human interaction and quality of life and its relationship to their particular disability.

Required Major Courses (12 units)

BIO-5 – Human Anatomy	4.0
BIO-6 – Introductory Physiology	3.0
BIO-6L – Physiology Lab	2.0
PETH-1 – Introduction to Kinesiology	3.0

Major Movement Courses: Select at least (1) course from any (3) of the following areas for a Minimum of 3 units.

AQUATICS – PEAC-61	1.5
COMBATIVES – PEAC-56	2.0
FITNESS – PEAC-32, 58 , 66, 69	0.5-2.0
INDIVIDUAL SPORTS – PEAC-64	1.0-1.5
TEAM SPORT – PEAC-52, 55, 70	1.5

Major Electives (Complete 7-8 units)

MAT-13 – Elementary Statistics	5.0
CHM-1A – General Chemistry	5.0
HED-55 – Health Education – Advanced First Aid	3.0
PHY-2A – College Physics I	4.0
OR	
PHY-4A – General Physics/Mechanics I	4.0

SUBTOTAL: 22-23 UNITS

General Education – Required Courses

Students must complete one of the following General Education Plans:

CSU-GE (see page 63) 39 units

IGETC (see page 65) 37 units

Students can double-count required courses and courses for General Education

■ *Electives (Courses Numbered 1-99) required when degree units plus GE units total fewer than 60.*



**A Degree With A
Guarantee.comSM**
*Associate Degree
for Transfer*

In order to earn this degree, students must complete the Associate Degree for Transfer Requirements:

- * Completion of 60 semester units or 90 quarter units that are eligible for transfer to the California State University, including both of the following:
 - The Intersegmental General Education Transfer Curriculum (IGETC) or the California State University GE – Breadth Requirements (CSU GE-Breadth).
 - A minimum of 18 semester units or 27 quarter units in a major or area of emphasis, as determined by the community college district.
 - * Obtainment of a minimum grade point average of 2.0
- ADTs include (AA-T) and (AS-T) degrees. The law authorizing these degrees also requires that students must earn a "C" or better in all courses required for the major or area of emphasis. A "P" (Pass) grade is also an acceptable grade for courses in the major if the course is taken on a Pass/No Pass basis.

TOTAL: 60 UNITS