Don’t wait to get the support you need.
In addition to your Teladoc General Medical services, you now have Behavioral Health.
Get confidential counseling seven days a week for conditions like depression, anxiety, stress, marital or family issues, and much more by phone or video.

Schedule your appointment today.

The benefits of using Behavioral Health

- Choose the therapist you think would best fit your needs
- Speak with a therapist from any location
- Schedule an initial or ongoing appointment on your time
- Confidential treatment

Teladoc doesn’t offer a crisis hotline. Appointments must be scheduled.

Coming soon:
Access to a licensed therapist by phone or video

Confidential therapy on your terms

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