



BLUE ZONES PROJECT



Bees and honey. Mornings and alarms. Friends and happiness.



Some things naturally go together. And they exist for a reason: to do something that makes life better.

IT'S THEIR PURPOSE. AND YOU HAVE ONE, TOO.

People with purpose are happier, more successful and they live longer. And that means more time to focus on what matters to you. We'll help you pinpoint your purpose and find your way.

All workshops are free. Register today.

Staff, students, community welcome!

Purpose Workshop

Thursday, Jul. 21

3:30 P.M. – 5:00 P.M.

Friday, Jul. 22

9:30 A.M. – 11:00 A.M.

**Hartnell College
Nursing and Health Sciences
Center, O Building
411 Central Avenue
Salinas, CA 93901**

To RSVP, scan QR code or visit: <https://bit.ly/purposehartnell>

BROUGHT TO MONTEREY COUNTY BY:

