

KINESIOLOGY (AAT.KIN)

ASSOCIATE IN ARTS FOR TRANSFER

Program Outcomes: Upon successful completion of this program a student will be able to:

- demonstrate competence in performing a variety of skill-related behaviors.
- describe health and physical activity concepts that will enable him or her to make informed decisions concerning health.
- recognize health issues, understand the similarities and contrasts among cultures.
- demonstrate sensitivity to cultural and physical diversity.
- explain the value and significance of physical activity for human development, human interaction and quality of life and its relationship to their particular disability.

Required Major Courses (12 units)

<input type="checkbox"/> BIO-5 – Human Anatomy	4.0
<input type="checkbox"/> BIO-6 – Introductory Physiology	3.0
<input type="checkbox"/> BIO-6L – Physiology Lab	2.0
<input type="checkbox"/> PETH-1 – Introduction to Kinesiology	3.0

Major Movement Courses: Select at least (1) course from any (3) of the following areas for a Minimum of 3 units.

<input type="checkbox"/> AQUATICS – PEAC-61	1.5
<input type="checkbox"/> COMBATIVES – PEAC-56	2.0
<input type="checkbox"/> FITNESS – PEAC-32, 58, 66, 69	0.5-2.0
<input type="checkbox"/> INDIVIDUAL SPORTS – PEAC-64	1.0-1.5
<input type="checkbox"/> TEAM SPORT – PEAC-52, 55, 70	1.5

Major Electives (Complete 7-8 units)

<input type="checkbox"/> MAT-13 – Elementary Statistics	4.0
<input type="checkbox"/> CHM-1A – General Chemistry	5.0
<input type="checkbox"/> HED-55 – Health Education – Advanced First Aid	3.0
<input type="checkbox"/> PHY-2A – College Physics I	4.0

OR

PHY-4A – General Physics/Mechanics I	4.0
--------------------------------------	-----

SUBTOTAL: 22-23 UNITS

General Education – Required Courses

Students must complete one of the following General Education Plans:

CSU-GE (see page 70) 39 units

IGETC (see page 72) 37 units

Students can double-count required courses and courses for General Education

■ Electives (Courses Numbered 1-99) required when degree units plus GE units total fewer than 60.

TOTAL: 60 UNITS



**A Degree With A
Guarantee.com**
*Associate Degree
for Transfer*

In order to earn this degree, students must complete the Associate Degree for Transfer Requirements:

1. Completion of 60 semester units or 90 quarter units that are eligible for transfer to the California State University, including both of the following:
 - a. The Intersegmental General Education Transfer Curriculum (IGETC) or the California State University GE – Breadth Requirements (CSU GE-Breadth).
 - b. A minimum of 18 semester units or 27 quarter units in a major or area of emphasis, as determined by the community college district.
2. Obtainment of a minimum grade point average of 2.0

ADTs include (AA-T) and (AS-T) degrees. The law authorizing these degrees also requires that students must earn a “C” or better in all courses required for the major or area of emphasis. A “P” (Pass) grade is also an acceptable grade for courses in the major if the course is taken on a Pass/No Pass basis.