

KINESIOLOGY

PROGRAMS

- Associate in Arts for Transfer (A.A.-T)
- Associate of Science (A.S.)



**HARTNELL
COLLEGE**

DESCRIPTION

The Physical Education, Kinesiology, Health, and Athletics department provides formal educational opportunities for the development and acquisition of motor skills, improved physical fitness and their application to sports and physical activities. This Associate of Science Degree covers a broad knowledge base that represents several disciplines that include traditional physical education, exercise science, athletic training, coaching, and health science. These courses help prepare students to transfer as Physical Education and Kinesiology majors to four-year institutions.

The Physical Education and Kinesiology program offers an AA-T degree (Associate in Arts for transfer in Kinesiology). The AA-T provides a clearly articulated curriculum for students who wish to transfer to baccalaureate degree programs at California State University (CSU) campuses.

The department also offers the AS degree (Associate of Science in Kinesiology). This degree is ideal for student-athletes and students transferring out of state or to private institutions.

Baccalaureate programs in Physical Education and Kinesiology include a wide array of specialties including but not limited to: coaching, education, athletic training, industry wellness centers and allied medical fields (Physical Therapy, Occupational Therapy, etc.). The preparation for different specialties will vary. For detailed requirements for individual programs at four-year institutions, students should contact the transfer institution and/or meet with a counselor for specific transfer course requirements in their major.

LEADS TO CAREER OPPORTUNITIES SUCH AS:

- Exercise Physiologist
- Exercise Specialist
- Health Consultant
- Massage Therapist
- Nutritionist/Registered Dietitian
- Occupational Therapist
- Personal Trainer
- Physical Education Teacher
- Physical Therapist
- Recreation Director
- Sports Coach
- Sports Physiologist

TRANSFER PREPARATION

Courses that fulfill major requirements for an associate degree may differ from those needed to prepare for transfer. Students who plan to transfer to a four-year college or university should schedule an appointment with a Hartnell College counselor to develop a student education plan before beginning their program.

TRANSFER RESOURCES

www.ASSIST.org – CSU and UC Articulation Agreements and Major Search Engine

CSU System Information - <http://www2.calstate.edu>

FINANCIAL AID

Paying for the cost of a college education requires a partnership among parents, students and the college. As the cost of higher education continues to rise we want you to know that Hartnell College offers a full array of financial aid programs, federal loan programs, and fee waivers.

<https://www.hartnell.edu/students/fa/net-price-calculator.html>