### PANTHER PRESS

BY: ALINA RAMIREZ



### February is **BLACK HISTORY MONTH**

"Each February, National Black History Month serves as both a celebration and a powerful reminder that Black history is American history, Black culture is American culture, and Black stories are essential to the ongoing story of America — our faults, our struggles, our progress, and our aspirations" ("A Proclamation on National Black History Month, 2022"). To highlight Black contributions that have often been dismissed throughout history, President Gerald Ford officially recognized Black History Month in 1976. Whether that be literature from Black authors and poets that shine a light on the Black experience or paintings and songs from Black artists and musicians during the Harlem Renaissance, African American contributions have shaped American culture and its history to its core. Equally as important, Black History Month calls for us to remember those who fought and continue to fight against the injustices present in their community; To remember those who understood that waiting was no longer a solution to arbitrary or discriminatory treatment; To remember those who demanded the fulfillment of the Declaration of Independence and the fourteenth Amendment's equal protection clause, long denied to African Americans; And to remember those who dreamed of an America where pedigree did not limit people from exercising their unalienable rights. African Americans' profound impact throughout history has proven pivotal in moving our country into a better tomorrow. - Dulce Madrigal, ASHC Senator At-Large

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### A few words from our ASHC President....

Greetings fellow panthers!

If you are new, welcome to the panther family and if you're continuing your studies, welcome back! We are excited to continue learning, growing, and cultivating a friendly environment for us all. I want to invite everyone to engage in ASHC events, clubs, the Western Stage and Athletics. Make the best out of your time at Hartnell College!

Remember to use the many resources provided to us, such as EOPS, Panther Learning Lab, Crisis Counseling, Calfresh, and Timely Care. Please note that we are here to support and guide you in order for you to become academically successful. Let's have a great semester, Panthers!

- Apolonia Preciado Castillo ASHC President



## HISTORICAL MILESTONES AND PROMINENT AFRICAN AMERICANS PICTORIAL DISPLAY

IN STUDENT CENTER (BUILDING C) FROM FEBRUARY 1-27

#### FILM SHOWING

HARTNELL COLLEGE PLANETARIUM S-101 MOONLIGHT FEBRUARY 8, 1:00 PM

#### FILM SHOWING

HARTNELL COLLEGE PLANETARIUM S-101
GET OUT
FEBRUARY 22, 1:00 PM

#### BLACK AUTHORS MATTER DISPLAY

VISIT THE HARTNELL COLLEGE LIBRARY

#### PERIODIC TABLE OF NOTABLE AFRICAN AMERICANS

VISIT THE S-BUILDING FOR THIS FUN AND INTERACTIVE VISUAL DISPLAY
STUDENT LOUNGE
2ND FLOOR, S-BUILDING
FROM FEBRUARY 1-27

FOLLOW @HARTNELLASHC INSTAGRAM FOR WEEKLY POSTS ON INFLUENTIAL PEOPLE OF COLOR.

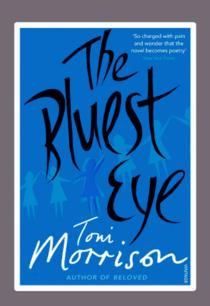
## **Black Authors Matter**

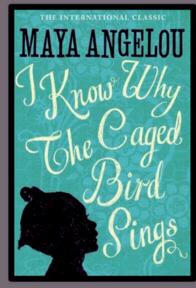
By: Dulce Madrigal

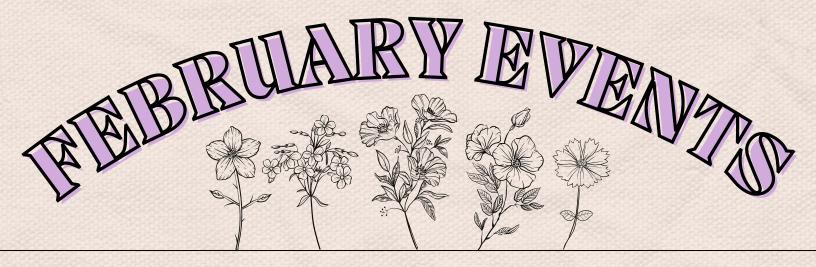
It is important to read outside the scope of our own experiences. This way we do not perceive our way of life as the norm. Without exposure to literature or media that highlight stories of people of color, we are stuck with this narrow mindset that what one goes through is a one-size-fits-all occurrence for everyone, which is entirely untrue. Reading literature from Black authors can broaden our perspectives and allow us to empathize with our neighbors and peers. Moreover, how Black authors and poets wield their words may inspire a new generation of thinkers and educate us on topics we might not know too much about. Supporting Black authors and stories illustrates that we appreciate their voices and acknowledge their messages.

## Stop by the Hartnell Library to Take a Look at our Display!









### Pop-Up Pantry South County

February 7th @11 AM - While Supplies Last Soledad and King City Education Centers

### Pop-Up Pantry Main Campus

February 10th @11 AM - While Supplies Last Main Campus Parking Garage

### Valentine's Day Celebration

February 14th @11 AM - 1 PM Student Center (Building C)

### Pop-Up Pantry Main Campus

February 24th @ll AM - While Supplies Last Main Campus Parking Garage

### Cash for College Workshop

February 25th @8 AM-11 AM
Hartnell Main Campus
Library Resource Center (Building A)

### Pop-Up Pantry South County

February 28th @11 AM - While Supplies Last Soledad and King City Education Centers



#### SOFTBALL

FEBURARY 3RD @12:00 PM PORTERVILLE VS. HARTNELL

FEBRURARY 3RD @2:00 PM PORTERVILLE VS. HARTNELL

FEBRUARY 4TH @12:00 PM REEDLEY VS. HARTNELL DH GAME 1

FEBRUARY 4TH @2:00 PM REEDLEY VS. HARTNELL DH GAME 2

FEBRUARY 9TH @12:00 PM
WEST HILLS COALINGA VS. HARTNELL

FEBRUARY 9TH @2:00 PM WEST HILLS COALINGA VS. HARTNELL

FEBRUARY 10TH @1:00 PM SHASTA VS. HARTNELL

FEBRUARY 10TH @3:00 PM SHASTA VS. HARTNELL

FEBRUARY 11TH @12:00 PM HARTNELL AT MODESTO

FEBRUARY 11TH @2:00 PM HARTNELL AT MODESTO

FEBRUARY 17TH @12:00 PM HARTNELL AT TAFT

FEBRUARY 17TH @2:00 PM HARTNELL AT TAFT

FEBRUARY 18TH @12:00 PM DIABLO VALLEY VS. HARTNELL

FEBRUARY 18TH @4:00 PM DIABLO VALLEY VS. HARTNELL

FEBRUARY 23RD @3:00 PM HARTNELL AT MONTEREY PENINSULA

#### BASEBALL

FEBRUARY 2ND @2:00 PM SANTA BARBARA VS. HARTNELL

FEBRUARY 4TH @ 1:00 PM WEST VALLEY VS. HARTNELL

FEBRUARY 7TH @2:00 PM HARTNELL AT DIABLO VALLEY

FEBRUARY 10TH @2:00 PM AMERICAN RIVER VS. HARTNELL

FEBRUARY 11TH @11:00 AM AMERICAN RIVER VS. HARTNELL

FEBRUARY 14TH @2:00 PM
FRESNO CITY COLLEGE VS. HARTNELL

### FEBRUARY 15TH @2:00 PM FRESNO CITY COLLEGE VS. HARTNELL

FEBRUARY 17TH @1:00 PM SAN MATEO VS. HARTNELL

FEBRUARY 21ST @ 11:30 AM HARTNELL AT SAN FRANCISCO FAIRMONT FIELD, PACIFICA

### MENS BASKETBALL

FEBRAURY 1ST @7:00 PM WEST VALLEY VS. HARTNELL

FEBRUARY 6TH @5:00 PM HARTNELLAT GAVILAN

FEBRUARY 8TH @5:30 PM HARTNELL AT DE ANZA

FEBRUARY 10TH @5:00 PM CABRILLO VS. HARTNELL

FEBRUARY 15TH @7:00 PM HARTNELL AT MONTEREY PENINSULA

FEBRUARY 17TH @7:00 PM SAN JOSE VS. HARTNELL

### BEACH VOLLEYBALL

FEBRUARY 2ND @1:00 PM SIERRA VS. HARTNELL

FEBRUARY 2ND @2:30 PM FEATHER RIVER VS. HARTNELL

FEBRUARY 10TH @TBA LASSEN VS. HARTNELL

FEBRAURY 1ST @5:00 PM

MISSION VS. HARTNELL PLAY4KAY/COACHES VS CANCER

WOMENS BASKETBAL

FEBRUARY 3RD @5:00 PM
LAS POSITAS VS. HARTNELL
COAST CONFERENCE CROSSOVER GAME

FEBRUARY 8TH @5:00 PM SANTA BARBARA VS. HARTNELL

FEBRUARY 10TH @4:00 PM OHLONE VS. HARTNELL

FEBRUARY 15TH @5:00 PM HARTNELL AT MONTEREY PENINSULA SOPH NIGHT

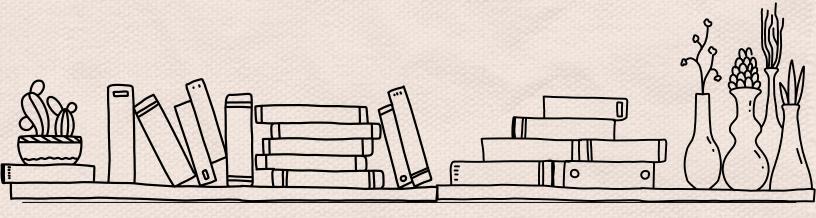
> FEBRUARY 17TH @5:00 PM SAN JOSE VS. HARTNELL SOPHOMORE NIGHT

GOING INTO A NEW SEMESTER CAN BE TOUGH, SO IT'S IMPORTANT TO DO THINGS THAT WILL SUPPORT YOU IN YOUR SUCCESS. HERE ARE A FEW....

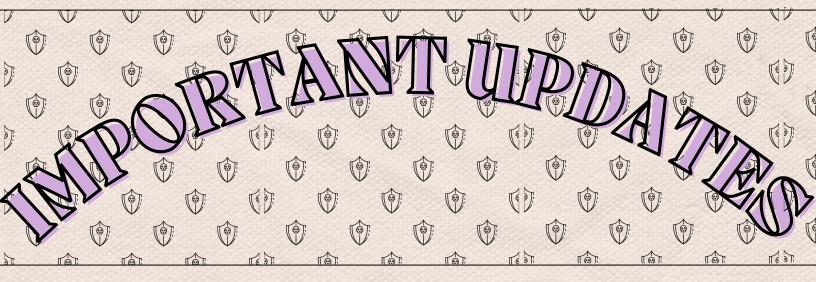
## SPRING SEMESTER TIPS



- 2. TAKE YOUR VITAMINS
- 3. CREATE A REALISTIC STUDY SCHEDULE (AND STICK TO IT)
- 4. IDENTIFY YOUR WEAKNESSES EARLY ON & FIND WAYS TO COMBAT THEM
- 5. REMEMBER TO DO YOUR SELF CARE
- 6.DOWNLOAD TIMELYCARE
- 7.LISTEN TO 'BETA WAVES' WHILE YOU STUDY (PROVEN TO IMPROVE CONCENTRATION)
- 8.BE KIND TO YOURSELF







#### CATCARD UPDATE

### THE ELECTRONIC ID (CATCARD) SYSTEM IS CURRENTLY UNAVAILABLE, A DETAILED EMAIL WILL BE SENT TO STUDENTS ONCE IT IS BACK IN OPERATION.

- Funds will remain on your Cat Card as long as you are currently enrolled. If you are not enrolled, your funds will not be available. Funds will be accessible once the Cat Card issue is resolved.
- If you ride MST (bus system), you are still able to ride for free. Simply notify the bus driver that you are a Hartnell student. If you have any issues, please write down the bus line number and time, reach out to the Office of Student Life, and they will contact MST.
- For bookstore voucher credit, you will need to go to the bookstore and display your class schedule. They will then be able to assist in obtaining your books and class materials.

We appreciate your patience as we look to resolve the issue.

#### **NETWORK UPDATE**

Wi-fi is now available on campus.

Library has computer services and printing.

Students will need to sign into DUO to access anything related to PAWs.

#### **DUO STEPS**

For all information on how to reset your password and sign up for duo, please use the following link: hartnell.edu/duo

#### STUDENT GUIDE

We also have a new student guide to help students navigate departments for assistance: hartnell.edu/about/springstudentguide/index.html



# Student Opportunity



Enroll in Timely Care and get the chance to WIN AN AMAZON GIFT CARD! No student info is shared with the campus (to maintain privacy). Contest runs January 25-February 10, 2023.

TimelyCare.com/Hartnell

The **\$300 BOOK VOUCHER** is ready to be used at the bookstore. Keep in mind, for bookstore voucher credit, you will need to go to the bookstore and display your class schedule.

**FREE PARKING PERMITS** for Spring 2023 are available! Follow this link: Online Parking Permits (hartnell.edu)

**SCHOLARSHIPS ARE OPEN!** Apply at the following link: All Opportunities - Hartnell College Scholarships (academicworks.com)

Deadline is April 10th 2023.

Gong of the Month 'Yebba's Heartbreak by Drake & Yebba

"YOU MAY NOT KNOW RIGHT WHERE YOU'RE GOING, BUT I DO, I DO, I DO. AND ALL THE TIMES YOU WASN'T CHOSEN, WELL, I'LL MAKE IT UP TO YOU."

Think of this song as your future self, talking to your present self. Navigating college is a difficult thing. We are all on different paths and a lot of us don't know where we are going or where we might end up, but we have to find peace in knowing that we are doing what we can in the moment for that to be a good place. We are working hard to be a version of ourselves that our younger selves would be proud of. Be kind to yourself Panthers, and find peace in the uncertainty.

-ASHC Director of Public Relations,

Alina Ramirez