KINESIOLOGY (AAT.KIN)

ASSOCIATE IN ARTS FOR TRANSFER

Program Outcomes: Upon successful completion of this program a student will be able to:

- demonstrate competence in performing a variety of skill-related behaviors.
- describe health and physical activity concepts that will enable him or her to make informed decisions concerning health.
- recognize health issues, understand the similarities and contrasts among cultures.
- demonstrate sensitivity to cultural and physical diversity.
- explain the value and significance of physical activity for human development, human interaction and quality of life and its relationship to their particular disability.

Required Major Courses (12 units)

- BIO-5 – Human Anatomy 4.0
- BIO-6 – Introductory Physiology 3.0
- BIO-6L – Physiology Lab 2.0
- PETH-1 – Introduction to Kinesiology 3.0

Major Movement Courses: Select at least (1) course from any (3) of the following areas for a Minimum of 3 units.

- AQUATICS – PEAC-61 1.5
- COMBATIVES – PEAC-56 2.0
- FITNESS – PEAC-32, 58, 66, 69 0.5-2.0
- INDIVIDUAL SPORTS – PEAC-64 1.0-1.5
- TEAM SPORT – PEAC-52, 55, 70 1.5

Major Electives (Complete 7-8 units)

- MAT-13 – Elementary Statistics 5.0
- CHM-1A – General Chemistry 5.0
- HED-55 – Health Education – Advanced First Aid 3.0
- PHY-2A – College Physics I 4.0
- OR
- PHY-4A – General Physics/Mechanics I 4.0

SUBTOTAL: 22-23 UNITS

General Education – Required Courses

Students must complete one of the following General Education Plans:

- CSU-GE (see page 63) 39 units
- IGETC (see page 65) 37 units

Students can double-count required courses and courses for General Education

Electives (Courses Numbered 1-99) required when degree units plus GE units total fewer than 60.

TOTAL: 60 UNITS